



**FamilyTravelGear.com**  
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## **Traveling with Special Needs Check List**

Essentials for traveling with Special Needs kids vary from child to child. We have included the following items, many of which are available for sale at Family Travel Gear. This list is compiled by other families who have experience with long road trips, and airplane travel with their Special Needs children. Each child is unique with different needs and the thought of traveling can seem challenging. We are happy to share with you that it can be done, and that is why we created Family Travel Gear!

With proper preparation, and the right products to get you there, the world can be yours to experience with the freedom to travel just about anywhere. We are happy to share our knowledge and information from other families with Special Needs Kids to let them know that travel is not only do-able, it is fun! We realize that there are other great products out there that would also help assist parents traveling with Special Needs Kids so be sure to submit your comments and product ideas to us at [info@familytravelgear.com](mailto:info@familytravelgear.com).

### **Essentials:**

#### **Car Travel:**

- Snack N Play Travel Tray – made of soft canvas, great for snacks and play
- Toddler Coddler – for upper torso, head and neck support
- Car Organizers, Backseat Organizers, Trunk Organizers
- Kids Back Seat Organizer
- Entertainment Organizer/Backseat Cooler Organizer and snack center
- Diaper bag or backpack (Baby Sherpa holds lots of meds, and is perfect for Special Needs babies who travel with their adventurous parents)
- Food storage container
- Cooler (either 12V or standard ice cooler)

#### **Comfort Items:**

- Fleece Travel Blankets for when it gets cold
- Sleep shade with ear plugs
- Travel neck pillow, Toddler Coddler, kid coddler, Lil Lewis travel pillow

#### **Toys & Games:**

- Activity books, educational books/guides, journal, or note pads
- Travel Music, CD's, DVD player with movie selection (great for long trips)
- Ziploc bags and note pads for samples along the way (dirt samples, beach sand, shells, etc) for your traveling biologists
- CD/DVD visor organizer

#### **Safety & Security:**

- First-aid kit (which includes prescription medicines)
- Extra food, healthy snacks and plenty of water
- Window shades
- Sun screen, sun glasses, lip balm
- Vehicle Emergency Kit with jumper cables
- Cell phone for emergencies
- Aromatherapy – lavender to sooth teething babies (has calming effect)
- Oxygen tank extras, G.I feeding kits/other items for your child may need.
- Hat along with long sleeve shirt to help prevent sunburn.
- Extra clothing for cold weather (for Dad, Mom, & kids specific needs)